



# BIRTH TO 4 MONTHS

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When your baby is born their brain is growing and developing and they will learn by connecting with people. Parents and carers should provide them with as many learning opportunities as possible to help them grow.

Developmental milestones you may observe:

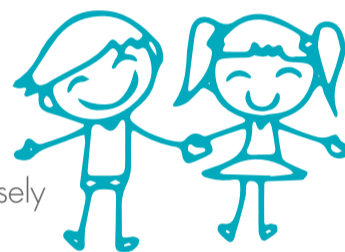


## PHYSICAL

- Able to grasp an object put into their hands
- Beginning of eating and sleeping patterns
- Moves whole body

## SOCIAL

- Smiles and laughs
- Makes eye contact when held closely
- Moves head to sound of voices

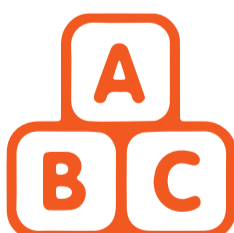


## EMOTIONAL

- Bonding
- Cries (peaks 6 - 8 weeks and calms 12 - 14 weeks)
- Shows excitement for feeding

## COGNITIVE

- Looks toward direction of sound
- Repeats actions but unaware of how they are caused
- Learns through sensory experiences



## LANGUAGE

- Soothed by low rhythmic sounds
- Mimics mouth movements e.g. pokes tongue out
- May start to copy sounds

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[www.startingblocks.gov.au/findchildcare](http://www.startingblocks.gov.au/findchildcare)

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